**Eddie**

Eddie was raised in a middle class family. His father was a teacher and his mother was a concert piano player. When he was in college, Eddie developed a love for computers and got a job as an I.T. Technician upon graduation. As a hobby, he enjoyed classic cars and could take them apart and put them back together quickly and expertly.

In his twenties, Eddie had a serious relationship that lasted a few years, but when his girlfriend broke up with him it started a deep depression and serious mental break. He began hearing voices and struggled with fear and stress, and he thought about suicide. No matter how hard Eddie tried, he could not live on his own, and he withdrew from his family and friends. Eddie became homeless.

A worker at a shelter where Eddie ended up thought he would be a good fit for an apartment program and made a referral. Once he was accepted, Eddie moved into a private apartment building with two other clients; all three quickly became friends. A Case Manager started meeting with Eddie three times a week, helping him better understand his mental illness and what he needed to do to take care of himself.

Over time, Eddie learned how to keep track of his medicines and how to talk about his feelings instead of keeping them bottled up. He actively participated in many recreational activities, and with help, returned to the work through a few different internships. He regained his sense of humor and, with his fear and stress under control, began to focus once more on learning about the latest computer technology.

It has been seven years since Eddie received help and he is now doing better than ever. He has moved an apartment where he lives independently and has developed a wide network of friends. His mental health has remained stable and, satisfying one of his dreams, he has been working for a large office electronics store, providing customers with on-site help and advice about their computer needs.

**Comprehension Questions**

1. Which sentence best supports the idea that human services helped Eddie.
   1. Over time, Eddie learned how to keep track of his medicines and how to talk about his feelings instead of keeping them bottled up.
   2. It has been seven years since Eddie received help and he is now doing better than ever.
   3. A worker at a shelter where Eddie ended up thought he would be a good fit for an apartment program and made a referral.